Synopsis
Written in cooperation with the American Academy of Orthopaedic Surgeons (AAOS), Athletic Training and Sports Medicine: An Integrated Approach, Fifth Edition is a multi-purpose, multi-course text that emphasizes the post-injury management techniques used by athletic trainers and physicians in management of orthopaedic injuries. This classic text has been re-titled to more accurately reflect the topical coverage of injury management and care. Richly illustrated and full of evidence-based practice, this text describes surgical techniques and their implications on rehabilitation/activity and captures the totality of injury management including: pathology, immediate management, diagnostic imaging, definitive and differential diagnosis, medical management, medications, surgical intervention, post-injury and/or post-surgical management, and rehabilitation. Athletic trainers are well educated on how to evaluate, manage, and rehabilitate athletic injuries. However, no other mainstream textbook describes what is involved with common surgical procedures and how those procedures affect the treatment and rehabilitation process and the eventual return to activity. Athletic Training and Sports Medicine: An Integrated Approach serves as a primary reference to tie it all together.

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Customer Reviews
Great reference on athletic injuries, surgical procedures, and common research based treatment plans for those injuries. Easy to find what you need and complex procedures are explained clearly but thoroughly.
This book is very useful. A good asset to have in addition to my athletic training library. This book goes hand in hand with the book, "Examination of Orthopedic and Athletic Injuries."

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