School Counseling and School Social Work Homework Planner

SECOND EDITION

School Counseling and School Social Work

HOMEWORK PLANNER

- Contains 75 ready-to-copy homework assignments that can be used to facilitate therapy with children.
- Homework assignments and exercises are keyed to the behaviorally based presenting problems from The School Counseling and School Social Work Treatment Planner, Second Edition.
- Assignments may be quickly customized using the enclosed CD-ROM.

SARAH EDISON KNAPP

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Synopsis

Features assignments and exercises to meet the changing needs of school counselors and school social workers. The School Counseling and School Social Work Homework Planner, Second Edition, provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 75 ready-to-copy exercises covering the most common issues encountered in school settings, such as study and organizational skill deficits and academic motivation/underachievement, as well as "outside" issues such as blended families, divorce, substance abuse, teen pregnancy, and parenting skill deficits. A quick-reference format; the interactive assignments are grouped by presenting problems including learning difficulties, disruptive classroom behavior, self-esteem building, bullying, and school violence. Expert guidance on how and when to make the most efficient use of the exercises. Assignments cross-referenced to The School Counseling and School Social Work Treatment Planner, Second Edition; so you can quickly identify the right exercise for a given situation or problem. A CD-ROM that contains all the exercises in a word-processing format; allowing you to customize them to suit you and your clients' unique styles and needs. Additional resources in the Practice Planners series: Treatment Planners cover all the necessary elements for developing formal treatment plans, including detailed problem definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM diagnoses. Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. For more information on our Practice Planners products, including our full line of Treatment Planners, visit us on the web at: www.wiley.com/practiceplanners

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First, it should be noted that this homework planner is meant to accompany a treatment planner. That being said, it offers enough guidance at the beginning of each chapter that those who are experienced in therapeutic work with children or social work should be able to take advantage of the exercises without the treatment planner. There were several points in this that I was impressed by. The introductions very helpfully included the goals, the diagnoses and problems that the exercises may assist with, and the age ranges that seem most appropriate for the activities. The contents also appear to be well-designed to help kids try to explore and understand a wide range of feelings and concretize them such that they can be more effectively managed in therapy. I can easily see how such exercises would help the therapist learn valuable things about a client as well as discover directions to take in the therapy sessions. There are a few small points which I think could be better. Mainly, in the sections which require pictures being drawn or pasted in as part of the homework, there is not enough space for a child to comfortably draw. A narrow 4-inch band across a page is not enough for a kid to draw his or her entire family. I understand that the writers probably didn't want to put one sentence on the page and leave the rest blank, but these are "ready to copy" and I think it would have been a better choice. The therapist will have to tell the child to use a different piece of paper or risk some frustration on the child's part. Also, there are some activities which seem to be mixed in terms of the targeted ages and the demands of the activity.

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