Synopsis
Useful to students and clinicians, this text covers the process of physical examination of the spine and extremities.

Book Information
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Customer Reviews
There is only one Hoppenfeld. For what it is, it’s the best. It’s all diagnosis. Not a word on treatment. But it gives a good review of not just the physical exam but also the underlying anatomy and biomechanics. Two other books are worth getting. Magee’s Orthopedic Physical Assessment is a good background book to have on your shelf. It’s written by a physical therapist, so the perspective is a little different if you’re an MD or DO, but it’s still useful. Lots of physical exam maneuvers. Cooper’s Pocket Guide to Musculoskeletal Diagnosis is short and sweet and gives diagnostic work up as well as treatment insights.

I am the Head Athletic Trainer, as well as a professor for a college in Oklahoma. I have used this text from Hoppenfeld for many years and find it to be one of the most important and useful books on the market for assessing athletic injuries. Hoppenfeld completed this book in 1976, it is so complete and accurate that it is still an original edition. The only word of caution about this book is to break it in slowly. I have gone through two copies because of the extremely tight binding of the book. Take your time and work the pages in slowly and I guarantee you will be as pleased with this book as I am.
This was the text we used in Physical Therapy school. As a beginning PT it was quite adequate but as an experienced PT who needs to have excellent palpation skills to differentiate various structures it lacks a great deal. My favorite books for surface anatomy are 3 books published by Aspen, Diagnosis and Treatment of the Spine, Diagnosis and Treatment of the Upper Extremities and Diagnosis and Treatment of the Lower Extremities written by Dos Winkel, Omer Matthijs and Valerie Phelps

Easy to read. A little too heavy on the biomechanics for my taste. I would have liked better pics. But good overall.

Comprehensive with numerous detailed (yet easy to understand) diagrams of anatomy for bony landmarks, tendons, etc. Excellent resource for providers new to an orthopedic setting. I am an NP who recently started at an outpatient chiropractic rehab practice and it was recommended to me by the physiatrist I work with to learn specific orthopedic examinations and to review anatomy.

This is a good book. I liked it but there is a lot of extraneous material that I couldn’t use. I prefer Pocket Guide to Musculoskeletal Diagnosis for physical exam info. But this one is good for anatomy review and biomechanics.

They don’t make this book anymore, but there’s still enough in print to sell them until they’re gone. I hope they reprint someday, because despite its age, there are few better guides for physical examination of injuries

This book goes through all joints and how to examine them properly with drawings to help any student understand what bony landmarks are meant to be palpated and manipulated. I don’t practice extremity adjusting all that much in my practice, but this book will definitely put you on a good path towards understanding and performing in your own career.

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