Synopsis

A “one-stop” comprehensive guide to women’s health—updated with new evidence-based guidelines and timely topics The 11th edition of this classic guide for assessment and management of common gynecologic conditions by advanced practice nurses is updated with cutting-edge topics, new evidence-based guidelines, and current patient teaching materials to enhance excellence in clinical practice. This edition features a completely updated chapter on the well-woman annual exam, including issues about the care of older women, and extensive revisions throughout regarding contraceptive methods, CAMs, medical abortion, HIV/AIDS, HPV screening and vaccine recommendations, and much more. Guidelines reflect "best-practice" standards of care culled from literature on evidence-based practice that help ensure improved patient outcomes. Expert contributors include prominent specialists from all areas of gynecologic health. Complete guidelines are presented in a format that includes definition, etiology, history, physical exam, laboratory exam, differential diagnosis, treatment, complications, consultation/referral, and follow-up. New to the 11th Edition: Enhanced mental health chapter detailing the discontinuation of SSRIs/SNRIs Guidelines for management of cytological abnormalities and cervical intraepithelial neoplasia New information on menopause and osteoporosis Updated information on contraception based on patients’ individual profiles and clinical data Revised information on natural family planning from an expert educator New data on the long-term effects of hormone replacement therapy Additional data-based evidence on over-the-counter remedies and nonprescription supplements New data on screenings for breast cancer New Pap smear guidelines across the life span Physical assessment of pelvic floor integrity and dysfunction Helpful techniques for difficult examinations Information on lesbian, bisexual, and transgender health concerns Key Features: Reflects best-practice standards of care empirically demonstrated to improve patient outcomes Presents guidelines in a concise, consistent outline format to ensure quick and easy access to clinical information Written by a highly respected and experienced team of authors Provides valuable patient teaching information, also available online

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**Customer Reviews**

The book was delivered as promised. And a good guideline book for the Gyne setting.

Needed for a class.

Lot's of good info.

*Download to continue reading...*
