Foundations Of Osteopathic Medicine
Synopsis

Thoroughly revised for its Third Edition, Foundations of Osteopathic Medicine is the most comprehensive, current osteopathic text. This American Osteopathic Association publication defines the terminology and techniques of the field and is the standard text for teaching the profession. It provides broad, multidisciplinary coverage of osteopathic considerations in the basic sciences, behavioral sciences, family practice and primary care, and the clinical specialties and demonstrates a wide variety of osteopathic manipulative methods. This edition features expanded coverage of international practice and includes a new chapter on the structure of the profession. Other new chapters include coding and billing and nutrition. This edition also has standard chapter formats for each section.

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Customer Reviews

I am somewhat torn with how to rate this book so I opted for 3 stars instead of 2. The problem is, there is a lot of good information in the book. I'm in my second year of medical school and it is cited quite a bit. However, there are still a lot of problems with it. Despite having a lot of good detail, some very important topics are surprising lacking, almost to the point of omission. For example, consider counterstrain. If you look in the index, there are 2 entries for counterstrain. When you turn to the first page, the book gives a definition of a Jones counterstrain tenderpoint and then a trigger point. Very little additional information is provided beyond a basic 1-2 sentence definition. The second page actually doesn’t deal with counterstrain at all and is instead a discussion of sprains and strains.
Counterstrain is a major component of OMT and there is hardly any coverage of the topic whatsoever! You may say that if you want information about counterstrain you could get Jones’ book or another book on OMT. However, this book is supposed to address foundational topics in Osteopathic medicine... and gives virtually no information about counterstrain! This is not the only gross topical omission either! Furthermore, there are several pediatric topics my medical school instructor referred us to the second edition of this book for information because apparently it was cut out of the 3rd edition. Who knows why they cut out information so important that we were advised to get a previous edition of the book. I realize this book is only on its 3rd edition, but it is supposed to be the foundations textbook for Osteopathic Medicine. In its current form, I don’t believe it is. Honestly, if I didn’t already own it, I wouldn’t buy it.

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