Foundations For Osteopathic Medicine
**Synopsis**

This is the first major text presenting an overview of osteopathic principles and practice for both students and practitioners. The innovative text, written by the academic and clinical leaders in the profession, and endorsed by the American Osteopathic Association, presents an up-to-date, multidisciplinary overview of American-oriented osteopathic philosophy and principles with examples of clinical perspectives from a wide variety of disciplines. Eleven sections and 84 chapters are designed as subject overviews for pre-clinical osteopathic medical students. Each section is introduced with an editorial perspective from the section editor.

**Book Information**

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**Customer Reviews**

This is the long awaited basic textbook for osteopathic medicine. It is surprisingly complete, covering philosophy, history, research, and manipulative techniques. The beginning osteopathic student may find it most useful for its practical discussion on the techniques—high velocity, myofascial release, etc. I believe it is also helpful in standardizing our terminology, which will make it easier when taking board exams or talking with colleagues from other osteopathic schools. It includes contributors well known within the osteopathic community, including Michael and William Kuchera, Melicien Tettambel, Eileen DiGiovanna, and many others. As a family practice resident I frequently turn to this textbook first when I want to know more about how to treat a patient or when preparing lectures for students and housestaff.
This text is actually required reading for most if not all osteopathic medical students. It is a 'textbook', however, and hence completely (sometimes exhaustively!) comprehensive. But it is easy to read so that anyone with an interest in OMT will get a methodic how-to for myriad techniques, also a thorough history of osteopathic medicine to boot! One of my OMT professors at the University of Health Sciences College of Osteopathic Medicine wrote or co-wrote a few of the chapters so of course, I think those are the best! If you are looking for an educational approach to learning manipulation and the reasons behind it, this is a valuable resource.

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